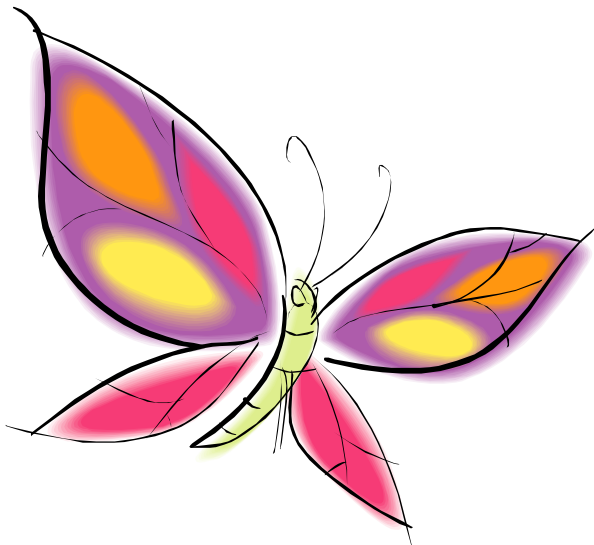


Signs of New Life

I think it is appropriate that Easter is celebrated during the spring. Easter is a celebration of new life, and in spring we are surrounded with many signs of new life. Robins have returned from their winter vacation+plump and ready to nest. Squirrels and other animals are busy preparing for their young ones. Flowers are beginning to pop up through the ground. Caterpillars are forming their cocoons and will soon be resurrected+as beautiful butterflies.

Take a walk with your family this week and point out all of the signs of new life that you see. When you get home, pray the litany from the prophet Daniel. After each invocation, invite everyone to join their voices in proclaiming, Praise and exalt God above all forever!+

Suggestion: *If you have young children, you may want to pray parts of this prayer each day through the week rather than praying it all together at one time.*



Daniel 3:52-90

Blessed are you, O Lord, the God of our fathers,

Praiseworthy and exalted above all forever.

Blessed is your holy and glorious name,

Praiseworthy and exalted above all forever.

Blessed are you in the temple of your holy glory,

Praiseworthy and exalted above all forever.

Blessed are you on the throne of your kingdom,

Praiseworthy and exalted above all forever.

Blessed are you who look into the depths from your throne upon the cherubim,

Praiseworthy and exalted above all forever.

Blessed are you in the firmament of heaven,

Praiseworthy and glorious forever.

Bless the Lord, all you works of the Lord,

Praise and exalt God above all forever.

Angels of the Lord, bless the Lord,

Praise and exalt God above all forever.

You heavens, bless the Lord,

Praise and exalt God above all forever.

All you waters above the heavens, bless the Lord,

Praise and exalt God above all forever.

All you hosts of the Lord, bless the Lord,

Praise and exalt God above all forever.

(continued on next page...)

Sun and moon, bless the Lord,

Praise and exalt God above all forever.

Stars of heaven, bless the Lord,

Praise and exalt God above all forever.

All you winds, bless the Lord.

Praise and exalt God above all forever.

Fire and heat, bless the Lord,

Praise and exalt God above all forever.

Dew and rain, bless the Lord,

Praise and exalt God above all forever.

Frost and chill, bless the Lord,

Praise and exalt God above all forever.

Ice and snow, bless the Lord,

Praise and exalt God above all forever.

Nights and days, bless the Lord,

Praise and exalt God above all forever.

Light and darkness, bless the Lord,

Praise and exalt God above all forever.

Lightnings and clouds, bless the Lord,

Praise and exalt God above all forever.

Let the earth bless the Lord,

Praise and exalt God above all forever.

Mountains and hills, bless the Lord,

Praise and exalt God above all forever.

Everything growing from the earth, bless the Lord,

Praise and exalt God above all forever.

You springs, bless the Lord,

Praise and exalt God above all forever.

Seas and rivers, bless the Lord,

Praise and exalt God above all forever.

You dolphins and all water creatures, bless the Lord,

Praise and exalt God above all forever.

All you birds of the air, bless the Lord,

Praise and exalt God above all forever.

All you beasts, wild and tame, bless the Lord,

Praise and exalt God above all forever.

You sons and daughters of men and women, bless the Lord,

Praise and exalt God above all forever.

O Israel, bless the Lord,

Praise and exalt God above all forever.

Priests of the Lord, bless the Lord,

Praise and exalt God above all forever.

Servants of the Lord, bless the Lord,

Praise and exalt God above all forever.

Spirits and souls of the just, bless the Lord,

Praise and exalt God above all forever.

Holy people of humble heart, bless the Lord,

Praise and exalt God above all forever.

For God has delivered us from the nether world,

And saved us from the power of death.

God has freed us from the raging flame,

And delivered us from the fire.

Give thanks to the Lord, for he is good,

For his mercy endures forever.

Bless the God of gods, all you who fear the Lord,

**Praise him and give him thanks,
because his mercy endures forever.**

